

# Understanding consequence

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# The day it all changed



- Saturday 15th October - I was working on a roofing repair job in Dublin for one of my clients. I had my crew with me and we were all happy to have completed the bulk of the job by lunchtime.
- Like most lads on a site we were talking about the football matches to come that afternoon over a cup of tea.
- However this is about all I can remember from that day.



# Intensive Care Unit: Tallaght



- They say that I got back up on the roof to do a final inspection, or perhaps to review the work for the following weekend, I can't say for sure.
- They also said that I tripped over the valley gutter of the building, I can't say for sure either.
- What I can say for sure is that about three weeks later, my wife told me I was in the ICU at Tallaght Hospital.

*The rest of that time was a blur.*



# List of injuries

- Cracked skull and brain swelling
- Multiple rib fractures - 14 in total
- Multiple spinal fractures - including T 11 (complete)
- Both lungs half filled with blood
- Brain injury



# Spinal injury



I sustained complete severance of T11 vertebrae

- T11 is the eleventh thoracic vertebrae
- Causes leg paralysis and loss of feeling below umbilicus



# My story





Your reward for safety today is waiting at home



**Zero** incidents  
**Zero** harm  
**Zero** compromise

Keeping you healthy and safe, every day at work