

My Relationship to Safety

Instructions: Circle the score that is most accurate for you

	Question	SCORE		
		Always	Most of the time	Never
1	When driving I stick to the speed limit and obey the highway code	1	2	3
2	When using the pedestrian crossing, I wait for the green man before crossing the road	1	2	3
3	When I am doing DIY at home I wear the appropriate PPE (glasses, hearing protection, steel-toed shoes and hard hat)	1	2	3
4	I read the instruction manual and safety guide for any new home appliances or equipment that I buy	1	2	3
5	When a new person joins the project team/section/office, I will always introduce myself and let them know that they can talk to me about any issue they have, especially safety	1	2	3
6	When I catch myself doing something unsafe I stop work, assess the situation and continue my work in a safe manner	1	2	3
7	When I see something that another person is doing that seems unsafe, I stop the person and express my concern	1	2	3
8	When I am starting a new task at work I always make sure I read the method statement and I am clear on how to do the job safely	1	2	3

Now, please add up your scores: Total _____

My Relationship to Safety score:

- If you scored 8 to 10 points, you have an extraordinary relationship to safety
- If you scored 11 to 19 points, you have an ordinary relationship to safety
- If you scored 20 to 24 points, you have an insufficient relationship to safety (it is not going to happen to me!)